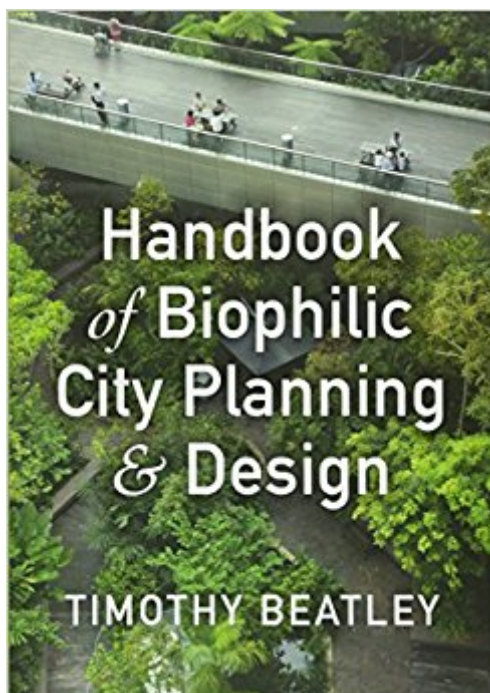


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# Handbook Of Biophilic City Planning & Design



## Synopsis

What if, even in the heart of a densely developed city, people could have meaningful encounters with nature? While parks, street trees, and green roofs are increasingly appreciated for their technical services like stormwater reduction, from a biophilic viewpoint, they also facilitate experiences that contribute to better physical and mental health: natural elements in play areas can lessen children's symptoms of ADHD, and adults who exercise in natural spaces can experience greater reductions in anxiety and blood pressure. *The Handbook of Biophilic City Planning & Design* offers practical advice and inspiration for ensuring that nature in the city is more than infrastructure—that it also promotes well-being and creates an emotional connection to the earth among urban residents. Divided into six parts, the Handbook begins by introducing key ideas, literature, and theory about biophilic urbanism. Chapters highlight urban biophilic innovations in more than a dozen global cities. The final part concludes with lessons on how to advance an agenda for urban biophilia and an extensive list of resources. As the most comprehensive reference on the emerging field of biophilic urbanism, the Handbook is essential reading for students and practitioners looking to place nature at the core of their planning and design ideas and encourage what preeminent biologist E.O. Wilson described as "the innate emotional connection of humans to all living things."

## Book Information

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## Customer Reviews

"Practical, passionate, and packed with ideas and advice, the *Handbook of Biophilic City*

Planning & Design is a must for anyone looking to transform urban environments into better, more livable places." (Civil Engineering)"Ecological urbanism has taken root and blossomed over the past four decades. Tim Beatley's Handbook of Biophilic City Planning & Design gathers the fruits of that movement: a rich cornucopia of inspiring projects and practices from across the globe, which are models for all cities." (Anne Whiston Spirn, author of "The Granite Garden: Urban Nature and Human Design")"Professor Beatley grasps the fundamental role of ecological restoration and stewardship in achieving urban environmental sustainability and resilience. He performs a heroic service by meticulously illustrating that communities all around Earth are reintegrating nature into everyday life in their own place-based ways." (Peter Brastow, Biodiversity Coordinator for San Francisco, California)"In moving beyond green architectural, infrastructural, and technological fixes, Beatley emphasizes an integrated socio-ecological approach to nature-centered urban living—an approach that is increasingly urgent and essential in the Anthropocene. Grounded in theory and accompanied by an international suite of best-and-next practices, this work offers a timely call to action for the planning and design of resilient cities that nurture, protect, and connect with the nature that sustains us." (Nina-Marie E. Lister, Associate Professor of Urban & Regional Planning, Ryerson University, Toronto, Canada)"In his latest excellent book...Beatley brings together all the established science, the important case studies, the innovative code and design practices from around the world in one place. Even if you think you already know a lot about this subject, there will be some interesting new facets in this book for you to explore." (ASLA's The Dirt)"This excellent handbook...is a very useful publication that maintains the flow of information on green and ecological design of cities for man and nature at a time when information exchange and awareness between practitioners is more important than ever. To those new to the concept of biophilic urbanism, the book will be eye-opening. To practitioners and green urbanism theorists, there is much by way of useful, global information, as well as pathways into areas of endeavour in urbanism of which they may not be aware. One is left hungry for more!" (Nature of Cities)"This comprehensive book...takes on the concept of the biophilic city. Beatley covers topics such as urban forests and trails, edible landscapes, wildlife support, and more. Particularly good is Beatley's concept of the urban nature diet, a "food pyramid" format illustrating how best to integrate nature into city dwellers' lives." (Landscape Architecture Magazine)"This book is an excellent collection of materials. Not only does it provide a solid theoretical underpinning it also provides a set of case studies from all over the world—it is recommended reading for planners wanting to lead innovative designs merging nature with city spaces, and more so for planners who have yet to discover biophilia." (Planning West)"More than anything, Beatley's

latest book on the integration of nature into cities is...a compendium of the most innovative and inspiring research and practice related to biophilic urban design. And as a kind of inspirational catalog, the book does an excellent job of selling both the idea of biophilic cities and the projects contained within it....The most thorough and convincing catalog of biophilic initiatives in print today." (Paprika!)"As humans have now become predominately an urban species the need for a connection to nature is ever more important. Timothy Beatley has beautifully documented the nature-connecting strategies that different cities are using to improve the health and well-being of their citizens and local ecosystems." (Bill Browning, Founding Partner, Terrapin Bright Green)

Practical advice and inspiration to ensure urbanists connect with nature in their cities.

In the late 90's and early 2000's, I was building green homes in Cleveland and conducting greenbuilding seminars for builders, contractors and homeowners. When I discovered E.O.Wilson's concept of biophilia I was so taken by its broad implications that I began each seminar series with a discussion of the notion. How I could have enriched my seminars if I had a copy of Tim Beatley's book! To know that you are part of a much larger movement that respects the natural world in so many imaginative ways and that the movement is worldwide is a true inspiration. Tim has offered us a gift that is special for those of us who have been trying to be faithful to the earth, but is an invitation to young people everywhere to expand the wonderful horizon he has revealed. Makes me wish I was 18 again instead of 80!!

A truly important piece of work if we are going to have cities where people not only want to live and to read books, but be happy to do so. It covers a lot of the planet and is hopeful and technically informed. Hope a few of the world's city politicians read it!

Its the right direction for urban planning. Going out to the country is less feasible than 100 years ago. Cities need to contain the best environment for people to thrive.

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